

# Amy Oestreicher

*author, multimedia artist, actress, musician, choreographer, educator, playwright, PTSD Specialist transforming adversity into creative growth*  
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## EDUCATION

**Hampshire College**, Amherst, MA, Theater/Performance/Playwriting, Bachelor of Arts expected, May 2017

**National Theatre Institute/Eugene O'Neill Theater Center**, Waterford, CT, Fall 2016 (Rachel Jett, Kristen Childs, Scott Murphy, Jessi Hill)  
(20 Credit Hours in Directing, Playwriting, Design, Acting, Music, Movement, Song Composition, Stage Combat, Shakespeare and Voice)

**Training** venues include Amer. Globe Theatre, Shakespeare & Co., Fiasco Theatre, The Egg, Silvermine Arts Guild, Broadway Dance Center

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## EXPRESSIVE THERAPIES & MENTAL HEALTH TRAININGS

**Creative Alternatives of New York**, Drama Therapy and Trauma, May 2016

**Expressive Therapies Summit**, NYC, Voice Dialogues, Authentic Movement, Psychodrama, DBT, Holistic Circus Therapy, Nov. 2014/15

**Journey Dance Certification**, Dance Kinetics, Kripalu Center, MA, 2004

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## ORIGINAL PERFORMANCE

**Gutless & Grateful: A Musical Feast, A One-Woman show performed nationally at 100+ venues**

Writer, Director, Performer, Composer, Producer

- Toured as a mental health and sexual assault program to over 40 colleges nationwide
- Headlined international conferences as a three-component trauma presentation and workshop
- Presented for nurses, clinical staff and healthcare professionals in nine National Conferences
- Featured on TEDx, Huffington Post, NBC, CBS and Washington Post
- National Conference for Sexual Education Grant Honoree
- BroadwayWorld Award Nominee "Best Theatre Debut," Woman About Town's "Woman to Celebrate," Bistro Awards NYC Top Pick
- Full show, and excerpts of original songs and monologues licensed to students to perform as academic projects and competitions in 6 states

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## OTHER ORIGINAL PIECES (full list available upon request)

- LEFTOVERS: Multimedia Drama with original score in development with director Susan Einhorn
- Factory Treasures: Two One-Act Plays (Thespis Theatre Festival, New York 2017)
- Co-Creator: The Greeks Are Trying to Tell Us Something (Eugene O'Neill Center, December 2016)
- The Sky is Blue: Short Play Finalist (Manhattan Repertory Theatre, May 2016)
- Our First Family Dinner (Short Play Published in Eddy Theatre Directory, UK, 2016)
- IMPRINTS: Full Length Drama with original music (Producers Club, NYC, 2016)
- Resilience and the Human Spirit: Multimedia Arts Immersion Salon, Beechwood Arts (CT, 2015)

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## SELECTED MULTIMEDIA PRESENTATIONS (full list of over 80 nationwide venues available upon request)

- TEDx Talks: TEDx Syracuse (New York, April 2016) and TEDx VCU (Virginia, February, 2017)
- Keynote Speaker: Pacific Rim Intl Disability Conference, Honolulu, Hawaii, April, 2016
- "Creative Collaborations in Patient Care" American College of Surgeons Clinical Congress, Washington DC, January, 2016
- Performance Artist/Presenter: "Media, Messaging and Mental Health", Mental Health America Conference, Washington DC., June, 2016/17
- "Mixed Media & Narrative Healing," Transformative Language Arts Conference, Kansas City, MO, September, 2014
- Creative Hands-On Workshop: "Detourism: You're On the Road" International Youth Leadership Conference, Rhode Island, April, 2016
- "Art, Meaning, and Faith-Based Resiliency" Columbia University, Jewish Orthodox Feminist Alliance, New York, January 2016

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## OTHER EXPERIENCE (full list available upon request)

**Theater:** Played lead or supporting roles in over 50 regional musical theatre and dramatic productions

**Writing:** Regular Contributor to over 70 online and print publications including Huffington Post, Washington Post, Backstage, Elite Daily, and The Mighty (full list of articles available), Author of memoir, "My Beautiful Detour"

**Visual Art:** Mixed media works displayed at over 50 juried exhibitions, galleries, museums, and public venues

**Teaching:** Mixed Media Art (CT Continuing Education), Music Together (Westport Schools, CT), Theatre Arts Masterclasses (Fairfield Arts Company), Write Yourself Alive Writing Workshops (Norwalk, CT)

**Residency:** Playwright/Artist/Writer, Art Kibbutz, Governor's Island, NY, 2016

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## HONORS/AWARDS

- "Post Traumatic Gifts" Featured in National Initiative for Arts and Health in the Military, 2016 (National, December 2016)
- Association for Applied and Therapeutic Humor Scholarship Recipient (Orlando, November 2016)
- New York Playwrights Women in the Age of Trump Semifinalist (New York, December 2016)
- Convatec's Great Comeback Awards Recipient (September, Nashville and Greensboro, 2014)
- Manhattan Repertory Theatre Short Play Finalist (New York, May 2016)
- She Rocks MEDIA Herstory Honoree (Washington D.C., January 2017)

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## AFFILIATIONS/COMMUNITY ACTIVISM MEMBERSHIPS

Theater Artist Workshop League of Connecticut; International Center for Women Playwrights; Coastal Arts Guild; Fairfield County Cultural Alliance; Ridgefield Arts Guild; League of New England Storytellers (LANES); League of Professional Theatre Women Regional Associate Member, New York Gotham Writer's Workshop Member, Artemis Theatricals (as composer/lyricist)