## Health and Illness/Wellness:

Amy on "Butterflies of Wisdom" Podcast with Win Charles #ToYourBestHealth Live Blab Summit Moving Forward after Illness Podcast: Trauma Therapist Project – Creating Your Own Path To Healing Meeting Our Minds #Podcast: Why is Trauma Important For Us? Speaker for Dr. Susan Blum's Arthritis Summit: Transforming Personal Challenge into Positive Change

#### **Business:**

Theatrefolk Podcast for Drama Teachers, Writers, Actors, Artists, Theatrelovers and Students! On/Off Stage: The podcast for theatre geeks and real people, too! What Happens in Vegas Is Staying in this Post: Secret Professional Pointers & Business Hacks Straight from Sin City How to overcome adversity - Paul Minors Productivity Podcast Claim the Stage Podcast: Professional Speaking Advice from a Detourist "Natural Born Speakers" Interview on BOLD Radio Living at Your Best: Interview with Donna Woolam Biz Podcast Interview: Going Deep with Aaron WatsonPODCAST: What's the secret to embracing "intensity" on a detour? From Coma to Career ~ Cultivating Creativity: Inspirational Business Women Show Podcast: Branding Your Adversity: How do you handle a career setback? Princess Power Podcast: Turn a Detour Into a TEDx Talk How to Access Your Story to Create the Business of Your Dreams: Amy's Blab Interview with "Handpicked Ladypreneurs" Video Interview: From Coma to Career ~ Cultivating Creativity: Inspirational Business Women Show

## Creativity:

Interview with Unmistakable Creative: A Beautiful Detour with Amy Oestreicher Cracking Creativity Podcast: Selling Art, Not Selling Out <u>Stay Curious #Podcast: #CREATIVITY & #HEALING, INTERVIEW – How do you stay</u> <u>curious?</u>

## Theatre:

Amy on Seth Rudetsky's "Seth Speaks!" <u>AirPlay Presents: Amy Oestreicher's Musical Gutless & Grateful</u> REP Radio Interview BITE Radio Interview: Gutless, Grateful & The Power of Music <u>WellAttended Podcast: : How to Break into the College Market Without an Agent</u> Your Program Is Your Ticket Theatre Podcast Interview!

# Healing and Resilience:

Arisen Strength Video Podcast: "Support, Empowerment and Celebration" Amy Featured on Never Ever Give Up Hope! With Carol Graham. Amy on Powerful Nonsense Part 1: WHAT DOESN'T KILL US... TURNING ADVERSITY INTO CREATIVE GROWTH Learning how to "Bless The Mess" – Amy's Interview on Universal Energy Radio

## Mental Health:

"Brain Broad Builds a Brain" Interview on Comas, Dreams, Brains and Trauma...

DOCZ Mental Health, Wellness & Fitness Facebook Live Panel!

Amy's Post-Traumatic Growth Interview with Shrink Rap Radio, Psychologist David Van Nuys

Post Traumatic Growth: An Evolving Lifestyle Podcast Interview

The Military Woman Podcast: Empowering and Inspiring Women Veterans

## Humor:

The funniest #podcast you'll hear all week: LAUGHBOX Interview!

What's Applied, Therapeutic Humor? And what's so funny about it? (Video Interview for <u>AATH</u>)

#### Sexual Assault:

"Stop Child Abuse Now" Interview with NAASCA.org Amy on Triumphant Talk: Healing from Sexual Abuse and Domestic Violence Beyond Surviving Podcast: Transforming Trauma into Creative Growth: Healing from PTSD and Sexual Assault

# Life Direction and Inspirational Chats:

Get Out of Your Own Damn Way Podcast with Krylyn Peters "Sunday Morning Podcast Interview with Amy Oestreicher" "Be Happier Today" Interview on Loving Your Detours Intentionally Wandering Podcast: Episode 60 – Loving Your Beautiful Detour How to Find Happiness in Your Detours: "Inspire Nation" Podcast Interview Interview: Bravo TV's "Jersey Belle" Jaime Primak-Sullivan #cawfeetawk LIVE (Gutless and Grateful) Blab Interview: Making Things Happen – Turning Obstacles Into Opportunities Inspiring Women Podcast with Laurette Lynn: Following Dreams, Facing Fears

#### Storytelling:

Listen to the RISK Podcast here! Falling Uphill Storytelling Podcast with Matt Elzweig Join theTellabration ™ The International Day of Storytelling MISTAKES WERE MADE Story Collider Live Performance July 22nd in Brooklyn