

**Amy Oestreicher** is an Audie award-nominated playwright, performer, and multidisciplinary creator. A singer, librettist, and visual mixed media artist, she dedicates her work to celebrating everyday miracles, untold stories, and the detours in life that can spark connection and transform communities. As a PTSD specialist, artist, author, writer for *The Huffington Post*, speaker for TEDx and RAINN, and health advocate, Amy has headlined international conferences on leadership, mental health, disability, creativity, and domestic violence prevention. She is a *SheSource Expert*, a "Top Mental Health" writer for *Medium*, and a regular lifestyle, wellness, and arts contributor for over 70 online and print publications. Her story has appeared on NBC's *Today*, CBS, *Cosmopolitan*, *Seventeen Magazine*, *The Washington Post*, *Good Housekeeping*, and MSNBC, among others.

Amy has written, directed, and starred in her autobiographical musical, *Gutless & Grateful*, which has toured over 200 venues from 54 Below to Barrington Stage Company since its 2012 NYC debut. *Gutless & Grateful* has won seven national awards (including The Singular Award for an innovative original performance), is listed as part of the National Initiative for Arts and Health in the Military, and is currently being licensed to students across the country for academic projects and competitions. Her plays have been published by Eddy Theatre Company, PerformerStuff, Narcissists Anthology, New World Theatre's "Solitary Voice: A Collection of Epic Monologues," and were finalists in Manhattan Repertory's Short Play Festival, NYNW Theatre Fest, #MeTooTheatreWomen, "Women in the Age of Trump," and Tennessee Williams's New Orleans Literary Festival.

Amy has delivered three TEDx talks on theatre's ability to transform trauma, and trained with Primary Stages, Fiasco Theatre, and Tectonic Theatre Project in their Moment Work Institute's Teacher Training Program. She was recently selected to work with Moises Kaufman on the full-length drama *Leftovers*, exploring the impact of trauma on communities and the gifts that can be reaped. Her play *Factory Treasure* is the one-act winner of Central PA Theatre & Dance Fest. Her play *Fibers*, compiled of oral histories transcribed from three generations of survivors, premiered at Museum of Jewish Heritage this year. Her short play, *We Re-Member*, inspired by her grandparents' sewing corporation and legacy as Holocaust survivors, has been featured in immigration and cultural festivals in six states.

Her original songs are published with PerformerStuff and have been featured in Singer/Songwriter Showcases in New York (including the Duplex, and 54 Below), Colorado, and Massachusetts. Amy participated as a playwright and performance artist in the National Musical Theatre Institute at the Eugene O'Neill Theater Center, where she helped develop the multimedia ensemble piece *Born of Myth* (2016), and was a writer, actress, composer, and set designer for *Playwrights and Librettists*, a festival of 27 thirty-minute plays in five days. Her full-length drama *Imprints*, exploring the physical and psychological impact of trauma, premiered at the Producer's Club in 2016, and is currently in development for a full New York production as *Flicker and a Firestarter* with Playlight Theatre Company.

"Resilience and the Power of the Human Spirit," Amy's collaboration with Beechwood Arts on the immersion salon, has toured the world as a public installation, incorporating her monologues, art, writing, and recipes to express the life-altering detours and invaluable gifts of her resilient journey. As an active member of the League of Professional Theatre Women, League for Advancement of New England Storytellers, Dramatists Guild, Fairfield County Cultural Alliance, International Center for Women Playwrights, International Women's Art Salon, Theatre Artist Workshop, and several art guilds throughout Connecticut and New York, Amy is an Association for Applied and Therapeutic Humor Professionals Scholar, and the first annual SHERocks Herstory National Performing Artist Honoree.